

A Few Recommendations to Incoming Students from Students Completing the DPD

Make sure you receive thorough counseling & develop a timeline of required courses.

To plan your semesters, all of them, with an advisor as soon as possible. This will allow one to finish in a reasonable amount of time.

Have a strong science background or interest in science.

Take the courses exactly as the advisors recommend.

Work as many places as you can

Take the upper GE courses throughout the semester

Keep flyers and certificates from everything you do.

Be prepared. Don't give up.

Form study groups w/fellow students. I swear by my fellow nutrition students. We're helped each other through so much. Great support.

Be prepared to spend a lot of time studying. Don't wait to the last minute to study and/or get things done. Be involved in SDFSA and ask questions if you don't understand.

Do all the reading, take good notes, don't be afraid to speak up in class

Be focused. Enjoy

Prepare yourself for a well-rounded, challenging education

Learn about the internships first and how competitive they are.